

Notices.

WE regret that, owing to pressure upon our space, the report of the meeting of the Matrons' Council of Great Britain and Ireland, which took place last week, is unavoidably held over.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Miss L. B., Highgate.—We should suggest your applying to the Lady Superintendent of the Meath Home of comfort for Epileptics, Godalming, Surrey.

Superintendent Nurse, Warwick.—You can obtain the appliance you desire on application to the offices of the NURSING RECORD, 11, Adam Street, Strand. Terms, 5s. for a period of not more than three months, post free, provided it is returned in good condition.

Numbers, Torquay.—(1) The "Medical Directory" pub-

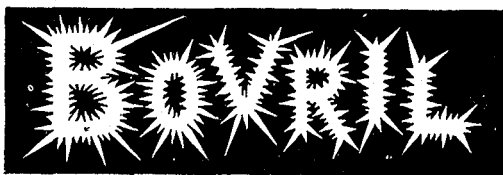
lishes lists of all the principal hospitals and infirmaries in the United Kingdom. (2) We should suggest your writing to Miss S. F. Palmer, editor of the *American Journal of Nursing*, City Hospital, Rochester, U.S.A. (3) The applications for posts as probationers in good training schools are greatly in excess of the vacancies.

Miss James, Manchester.—The usual way of preparing an egg flip is to beat up the egg well, then gradually add about a third of a pint of new milk. Then stir in half an ounce of brandy. The stimulating properties of the flip will be increased, and in most cases it will be more appreciated, if shortly before serving some crushed ice is added. The ice, after being washed, should be placed in a clean cloth, and either beaten on a large stone, or crushed with a flat iron.

Amateur Nurse.—A room which has been occupied by a sick person should always be thoroughly turned out. The ceiling and walls brushed, the mattress and pillows well-aired in the sun, the bed-linen and blankets sent to the wash, the bedstead washed if possible, or otherwise cleaned, and all the furniture scrubbed or polished. The carpet should be taken up and beaten, and the floor scrubbed. This applies of course to ordinary cases of sickness. In infectious cases far more elaborate precautions are necessary.

Country Reader.—We are glad to learn that your patient appreciated "Mother's Oats." We have ourselves been much pleased with them, and especially like their delicious nutty flavour. This is, we understand, obtained by the process to which the oats are subjected before they reach the public at all. They are first pan cooked, and then steam cooked, a preparation to which, we believe, no other oats upon the market are subjected. This, no doubt, besides making them very palatable, renders them specially digestible. We are quite of your opinion that invalids get very tired of the same food, with the same flavour, day after day, and that it is a real boon to find a new and suitable preparation.

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and kindred public institutions, including all the most important in the United Kingdom, are regular users of Bovril. Such a practical public endorsement is conclusive evidence of the absolute purity of Bovril, and of its great value as a *nourishing* stimulant in convalescence.

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STANLEY SMITH, *Secretary*

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